

1445 Mount Vernon Road, Dunwoody, GA 30338 www.dbc.org/fitness • 770-280-1210

HOURS OF OPERATION:

Monday to Thursday	5:30 am to 9:00 pm
Friday	5:30 am to 8:00 pm
Saturday	8:00 am to 6:00 pm
Sunday	Closed

MEMBERSHIP INCLUDES:

Group and Aqua fitness classes Strength training / weight equipment Cardio / Media Room Locker rooms with sauna and whirlpool Jr. Olympic 6-lane, heated saline indoor pool Basketball gymnasium (When Available) Indoor walking / running track

FREE CHILDCARE:

Mondays Tuesday – Friday Saturday 8:30 am – 1:00 pm & 4:00 pm – 7:00 pm 8:30 am – 1:00 pm 8:30 am – 12:00 pm

PROGRAMS:

- Dynamo Swim Lessons for ages 3
 through Adults
- Tae Kwon Do Lessons for Ages 5
 through Adults

SERVICES:

- Personal Training *
- Towel Rental
- Locker Rental

*Only Fitness Center Staff Trainers Allowed Monthly membership dues are taken out of your credit/debit card or bank account at the beginning of every month. The registration fee is a one-time charge when you join.

A Family membership includes a married couple and any children 21 years of age and under.

An **Individual** membership includes children 14 years of age and under. Children age 15 through 21 require a separate membership, or the individual membership may be converted to a family membership.

Monthly promotions are for first time members only

*Children under 15 MUST be 5ft tall to enter workout area with a parent or guardian present. Only exceptions are children with certified trainer.

COMMUNITY MEMBERSHIP	PER MONTH
Adult	\$44/mo
65+	\$39/mo
Family	\$74/mo
Senior Couple 65+	\$69/mo
Youth (15-21)	\$30/mo

DBC MEMBERSHIP	PER MONTH
Adult	\$39/mo
65+	\$34/mo
Family	\$69/mo
Senior Couple 65+	\$64/mo

A one-time registration fee of \$50.00

Guests are welcome to use The Fitness Center for a fee of \$10 a day, \$35 a week or \$49 a month.

OUR MISSION IS SERVICE:

Our staff and volunteers are here to serve you by providing a place to improve and maintain your quality of life physically, spiritually and emotionally.



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